

Elkhart County

Blue Sheet

Resources for Families

Food Assistance Map

Find free food near you (school meal sites & food pantries).

<https://bit.ly/2WaWOjv>



Triple P in Elkhart County

Free parenting support available online or on the phone.

(574) 226-0160

<https://bit.ly/2Yw8Dbp>

Help 24/7

★Crisis Text Line
741741

★Disaster Distress Helpline
1-800-985-5990

★Domestic Violence Hotline
1-800-799-7233

★Indiana Child Abuse/Neglect Hotline
1-800-800-5556

★National Runaway Safeline
1-800-RUNAWAY

★National Safe Place (teens)
Text SAFE & your location to 44357

★Sexual Assault Hotline
1-800-656-4673

★Suicide Prevention Lifeline
1-800-273-8255

★The Trevor Project (LGBTQ+ youth)
1-866-488-7386



Daily life in these times is not what we are used to and everyone in our community is

being impacted in some way. This naturally places stress upon us, our families, friends and neighbors. Don't suffer alone or in silence, support is just one click or phone call away.

2-1-1

Dial 211 to speak with a navigator 24/7 or search online to get connected to resources.

<https://bit.ly/2Y9EcYy>

CAPS

Provides parent support and connects families to community resources.

(574) 295-2277

Boys & Girls Club

Club at Home provides online ideas & activities for kids, teens and parents.

<https://bit.ly/2Yr2fIE>

Child Care Locator

Geminus is Elkhart County's source to find available child care.

(844) 685-1500

<https://bit.ly/3bHymS2>



The SOURCE

Find Elkhart County mental health providers and other supports.

<http://bit.ly/2YKOXji>

Be Well Indiana

Information and resources validated by experts and gathered by our state.

<https://bewellindiana.com/>

#ElkhartCounty

